

Case Study: Breaking Barriers, Boosting Enrollment

How Apex Clinical Research Center's Multisite Model Delivers Faster, Smarter Trials in Dermatology

Patient-Centric Access: Removing Geographic Barriers

One patient in the rare disease study lived far from the original research site—but thanks to Apex Clinical Research Center's multisite network, she was able to participate through our Canton site, just minutes from her home. This wasn't just a win for the patient—it was a win for the sponsor.

Key Outcome: By activating a second site in our network, the sponsor immediately expanded geographic access and doubled their potential enrollment pool—without adding operational complexity.

Operational Excellence: Centralized, Streamlined, Scalable

At Apex Clinical Research Center, our infrastructure was designed to simplify the sponsor experience, not add layers to it. Our centralized operations model ensures speed, standardization, and quality across all sites.

Key Differentiators:

- EHR Pre-screening: Access to a robust dermatology patient database with 20,000 monthly visits across our clinics
- Central IRB & Shared SOPs: Standardization across sites accelerates startup and ensures protocol fidelity
- Full-time Research Teams: Unlike smaller practices
 where physicians fit trials around patient care, Apex
 Clinical Research Center has full-time dedicated
 Investigator and experienced sub-Investigators,
 dedicated CRCs, regulatory specialists, marketing
 teams, lab coordinators, and budget experts
- Multilingual Staff: Reflecting the diversity of the communities we serve, our bilingual staff improve retention and patient satisfaction
- Principal Investigator Oversight Across Sites: Ensures quality control and consistent medical oversight
- One Contract per Site: Simplifies budgeting and improves sponsor agility

Performance Metrics That Matter

- Enrollment quotas exceeded consistently
- Faster time to first patient in (FPI)
- Low screen failure and dropout rates
- High diversity and research-naïve population engagement
- Cost-effective site expansion without added admin burden

The Sponsor's Experience: One Network, Full Coverage

Thanks to the Apex Clinical Research Center integrated model:

- The sponsor met their enrollment target ahead of schedule
- Centralized training and startup enabled quick ramp-up at all sites
- Data monitoring was simplified with central CTMS and remote access
- Full-time dermatology-focused staff ensured high protocol adherence and patient engagement

Rather than managing multiple small, part-time research practices, the sponsor worked with a **professionalized**, **full-time clinical research operation** across all Apex Clinical Research Center sites.

Conclusion: The Apex Clinical Research Advantage

Sponsors and CROs partnering with Apex Clinical Research Center gain more than additional sites—they gain speed, access, consistency, and confidence. Our multisite model proves that scaling a trial doesn't have to mean scaling risk.

We offer full-service dermatology clinical trial execution under one roof—with local access, centralized oversight, and results that speak for themselves.

Whether you're running a complex rare disease study or a large-scale therapeutic trial, Apex Clinical Research Center delivers the **experience**, **infrastructure**, **and reach** you need to get to the finish line—faster and more efficiently.

About Apex Clinical Research Center

Apex Clinical Research Center is a premier dermatology-focused clinical trials network with three state-of-the-art facilities in:

Canton, OH · Lorain, OH · Mayfield Heights, OH

With purpose-built medical and research spaces, full-time research staff, and over 20,000 patients per month flowing through our affiliated dermatology clinics, Apex Clinical Research Center is uniquely positioned to support sponsors and CROs seeking performance, scale, and precision in dermatology research.

Overview

For dermatology clinical trials—especially those targeting rare conditions—access, speed, and consistency are critical. A leading sponsor recently partnered with Apex Clinical Research Center, located in Northeast Ohio, to run a study involving a rare dermatologic condition. What began as a logistical challenge quickly turned into a showcase of how a scalable, multi-site research infrastructure can break down barriers to care while accelerating trial timelines and improving patient recruitment.

